

Escape from stress to a more relaxed state of being!

Call Northern Nevada Massage & Day Spa.

Where our goal is to help improve your physical, spiritual and emotional well being in a relaxing environment at a reasonable price and where each guest is special!

**We are conveniently located
Wherever you are in the Reno area!**

Your home, office, hotel room
or other location!

You provide room to set up and we'll take care of the rest.

To schedule an appointment:
(775) 823-9966

NOTE: Pricing for in-house or multiple services will be discounted from those listed for mobile services
Call or email for prices

We require a credit card or gift certificate number to guarantee the appointment.

We kindly request a 48 hour cancellation notice (72 hours notice for packages). Reservations cancelled in less than 48 hours will incur a 50% charge for those services.

Appointments scheduled the same day, no show reservations and cancellations with less than 12 hours notice will be charged 100% of the services booked, including gift certificates.

Hours: Seven Days By Appointment Only
Advance booking required.
Evening appointments may be available

www.renodayspa.com
info@renodayspa.com

Reserve your one-hour vacation now:

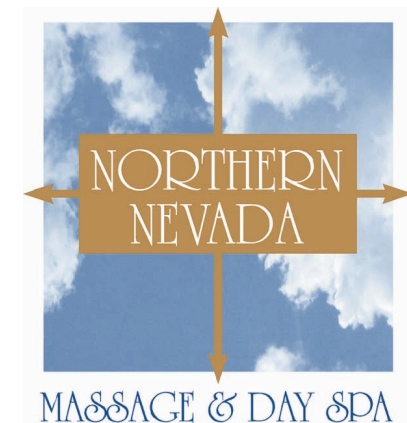
775-823-9966

**Home of the One-
Hour Vacation!®**
Take yours today!

Don't feel like driving after a massage?
Leave that part to us!

Northern Nevada Massage & Day Spa
has gone mobile!
That's right, we bring the Spa to you!
(some in-house services may be
available at a discount - call for info)

Ideal for wedding/birthday/anniversary parties or ... just because you need it!



Northern Nevada Massage & Day Spa offers a wide array of massage and body treatment services, and we're open seven days a week by appointment.

Home of the One-Hour Vacation!®

Proudly featuring Ortho-Bionomy®

NOTE:

Prices listed in blue are for in-house and add-on services

Prices listed in green are for mobile services

Massage - Soothe pain or discomfort, improve circulation and reduce stress

30 minutes	\$ 40	\$ 70
60 minutes	\$ 65	\$ 95
90 minutes	\$ 95	\$125

Enhance your massage experience with these fabulous upgrades

- Aromatherapy for only \$10
- \$5 for pre-natal massage
- Lava Shells - heated massage \$15/60 min

Chair Massage MOBILE ONLY 2/hr minimum
\$95 for the 1st hour; \$65 for each add'l hour per therapist

If you love hot stone massage, you'll love this! Haven't tried a hot stone massage? You'll be amazed at how wonderful the heat feels and how deeply relaxed you'll be!



Fabulous Hand & Foot Care For healthier, happier hands/feet!

Signature Smooth & Soothe foot scrub w/ rose mud wrap or paraffin 30 min \$45 \$ 75
Reflexology 45 min \$60/\$90 60 min \$70/\$100

Single-use paraffin - soothe and nourish your hands and feet!

Add single use paraffin to your services
Hands OR feet \$ 20
Both only \$ 35

"Wonderful, relaxing, very enjoyable—Loved it!"
Connie D

"This was the best 'mini vacation' I've ever had! Thank you so much." Kim

"What a special treat! This has made for a relaxing anniversary for both my husband and myself."
Jennifer M

"You guys ROCK !! Thank you so much. You guys are so awesome—I feel Human again!" Jennifer R

Body Scrubs and Wraps Revitalize every pore

Peppermint or Chocolate Scrub \$45 \$ 75
Body Silk Treatment 35-40 min \$50 \$ 80
Body Wraps 60 min \$80 \$110
Stress Relief, Detoxifying, Aromatherapy or Chocolate Wrap

Alternative Offerings - To ease tension and promote Wellness

Check our website for add'l treatments

Available times may vary for these services
Ortho-Bionomy®, Reiki, Energy Work, Trauma Resolution

30 min	\$40	\$ 70
60 min	\$65	\$ 95

Spa Packages - enjoy one of ours Or create your own!

Package times are approximate

Express Package (1.25 hours) \$135
Bodysilk/Smooth & Soothe foot scrub-wrap/30 min massage \$165

Upgrade to a 60 min massage (1.75 hours) Total \$160
(Highly recommended!) \$190

Body Treatment Package (2.75 hours) \$195
Body silk/detox wrap/60 min massage \$225

One-Hour Vacation: Three in a Row! \$240
(3 hours) Bodysilk/Smooth & Soothe foot scrub-wrap/detox or stress relief wrap/60 min massage \$270

Girls (Couples) Night (Day) In \$170
(1.75 hours) \$200/
Body silk/60 min aromatherapy person
massage/Smooth & Soothe foot scrub-wrap

Half-Day Package (4 hours) \$305
Revitalizing peppermint body scrub \$335
Stress relief body wrap
90 min stress relief aromatherapy massage
60 min reflexology session

Reserve your vacation Now!

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We bring the Spa to You!
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Prices/services
subject to periodic adjustment

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